





Marion Junior High / High School Breakfast Menu

May 2021

Fruit and vegetable options are included with each meal.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Breakfast Pizza</p> <p>Cinnamon Roll Cheese Stick</p> <p>Fruit</p> <p>1% Milk</p>	<p>4</p> <p>Sausage Breakfast Biscuit</p> <p>Choice of Cereal Graham Crackers</p> <p>Apple Juice</p> <p>1% Milk</p>	<p>5</p> <p>Breakfast Burrito Salsa</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fruit</p> <p>1% Milk</p>	<p>6</p> <p>Fiesta Egg & Cheese Sandwich</p> <p>Strawberry Yogurt Graham Crackers</p> <p>Grape Juice</p> <p>1% Milk</p>	<p>7</p> <p>Ham, Egg & Cheese on English Muffin</p> <p>Cinnamon Pop-Tart Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>
<p>10</p> <p>Mini Pancakes</p> <p>Yogurt Cup Graham Crackers</p> <p>Fruit</p> <p>1% Milk</p>	<p>11</p> <p>Cheesy Ham Melt on Bagel</p> <p>Pop Tart Cheese Stick</p> <p>Apple Juice</p> <p>1% Milk</p>	<p>12</p> <p>Sausage & Egg on a Biscuit</p> <p>Blueberry Loaf Cheese Stick</p> <p>Fruit</p> <p>1% Milk</p>	<p>13</p> <p>Bacon, Egg & Cheese on English Muffin</p> <p>Choice of Cereal Graham Crackers</p> <p>Orange Juice</p> <p>1% Milk</p>	<p>14</p> <p>Breakfast Pizza</p> <p>Pop Tart Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>
<p>17</p> <p>Fiesta Egg and Cheese Sandwich</p> <p>Choice of Cereal Graham Crackers</p> <p>Fresh Fruit</p>	<p>18</p> <p>Sausage & Egg Biscuit</p> <p>Grape Croissant</p> <p>Grape Juice</p> <p>1% Milk</p>	<p>19</p> <p>French Toast Sticks</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Fruit</p> <p>1% Milk</p>	<p>20</p> <p>Breakfast Burrito Salsa</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Orange Juice</p> <p>1% Milk</p>	<p>21</p> <p>Bacon, Egg & Cheese on Biscuit</p> <p>Golden Grahams Cereal Bar Cheese Stick Canned Fruit</p> <p>1% Milk</p>
<p>24</p> <p>Breakfast Burrito Salsa</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>25</p> <p>Cheesy Ham Melt</p> <p>Pop-Tart Cheese Stick</p> <p>Apple Juice</p> <p>1% Milk</p>	<p>26</p> <p>Bacon, Egg & Cheese on English Muffin</p> <p>Cinnamon Pop-Tart Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>27</p> <p>Sausage Breakfast Biscuit</p> <p>Choice of Cereal Graham Crackers</p> <p>Orange Juice</p> <p>1% Milk</p>	<p>28</p> <p>French Toast Sticks</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>
<p>31</p> <p>Memorial Day</p>			 <p>This is for Food 4 Thought</p>	 <p>Choose MyPlate.gov</p>

PRICES

EXTRA INFO

Entree Salads served with a WG Roll(s)
Milk choice of 1% White or Chocolate is offered with a lunch.
For more information or questions contact
Gary Lester Food Service Director, at
glester@msd3.org

HARVEST OF



THE MONTH

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