

# Harvest of the Month

## Jalapeno Pepper



## FUN FACTS:

The jalapeno is the state pepper of Texas, and the first pepper to travel into space on a NASA shuttle.

On a heat scale of 1 to 10, it is considered moderately hot at a 5. The heat is dependent on where it is grown and how it is cooked. To reduce the "heat," deseed and devein them.

They are generally picked when green but if allowed to fully ripen, they turn red, yellow or orange. Dried jalapenos are called chipotles, and are a standard ingredient in Southwestern and Mexican recipes.

*This institution is an equal opportunity provider.*

