



# Kegonsa Elementary Lunch Menu

March  
2020

Fruit and Vegetable choices offered daily  
on the Fresh Fruit & Vegetable Bar.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p><b>2</b> <b>Dr Seuss's Birthday</b></p> <p>Green Eggs &amp; Ham Seuss Seasoned Potatoes Roly-Poly Roll</p> <p>One Fish Two Fish Nuggets Seuss Seasoned Potatoes Roly-Poly Roll</p> <p>Chef Salad Fruit and Vegetable Bar</p>	<p><b>3</b></p> <p>Chicken Waffle Sandwich Steamed Carrots</p> <p>Beef Hotdog on Whole Grain Bun Steamed Carrots</p> <p>Honey Mustard Ham Wrap Mini Rice Krispie Treat Fruit &amp; Vegetable Bar</p>	<p><b>4</b> <b>Nat'l Breakfast Week</b></p> <p>Pancakes Syrup Scrambled Egg</p> <p>French Toast Sticks Syrup Scrambled Egg</p> <p>Yogurt Pak with Pretzel Bites Fruit &amp; Vegetable Bar</p>	<p><b>5</b></p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll Potato Wedges</p> <p>Mini Corn Dogs Potato Wedges</p> <p>Pizza Munchable</p> <p>Fruit &amp; Vegetable Bar</p>	<p><b>6</b></p> <p>Max Stix Marinara Sauce Garden Green Peas</p> <p>Hot Ham &amp; Cheese Flatbread Garden Green Peas</p> <p>Turkey BLT Wrap</p> <p>Fruit &amp; Vegetable Bar</p>	
<p><b>9</b></p> <p>Cheeseburger on Bun Seasoned Ranch Wedges</p> <p>Crispy Chicken Sub Seasoned Ranch Wedges</p> <p>Chef Salad</p> <p>Fruit &amp; Vegetable Bar</p>	<p><b>10</b></p> <p>Italian Meatball Sub Kettle Potato Chips</p> <p>BBQ Rib Sandwich Pickle Slice Kettle Potato Chips</p> <p>Pretzel Bites w/Cheese Cubes</p> <p>Fruit &amp; Vegetable Bar</p>	<p><b>11</b></p> <p>Walking Taco Cheese, Lettuce &amp; Salsa Spicy Pinto Beans</p> <p>Chicken Fajitas Spicy Pinto Beans</p> <p>Ham Deli Sandwich Churro Fruit &amp; Vegetable Bar</p>	<p><b>12</b> <b>HOM Thyme</b></p> <p>Chicken &amp; Gravy Brown Rice Whole Grain Dinner Roll</p> <p>Meatloaf &amp; Gravy Brown Rice Whole Grain Dinner Roll</p> <p>Cold Cut Combo Sub Fruit &amp; Vegetable Bar</p>	<p><b>13</b></p> <p>NO School Today!</p>	
<p><b>16</b></p> <p>Mini Corn Dogs Baked Potato Smiles</p> <p>Hamburger on Whole Grain Bun Baked Potato Smiles</p> <p>* NEW * 7 Layer Salad</p> <p>Fruit &amp; Vegetable Bar</p>	<p><b>17</b> <b>St. Patrick's Day</b></p> <p>Chicken Alfredo w/Pasta Roasted Broccoli Garlic Toast</p> <p>Pasta with Meat Sauce Roasted Broccoli Garlic Toast</p> <p>Pizza Munchable</p> <p>Green Sugar Cookie Fruit &amp; Vegetable Bar</p>	<p><b>18</b></p> <p>Toasted Cheese Sandwich Homemade Tomato Soup</p> <p>Hot Ham &amp; Cheese Flatbread Homemade Tomato Soup</p> <p>Turkey Deli Sub Sandwich</p> <p>Fruit &amp; Vegetable Bar</p>	<p><b>19</b></p> <p>Chicken Bowl Nuggest, Mashed,Corn,Cheese,Gravy &amp; Biscuit</p> <p>Meatballs and Gravy Mashed Potatoes &amp; Biscuit</p> <p>Chef Salad Fruit &amp; Vegetable Bar</p>	<p><b>20</b></p> <p>Pepperoni Pizza Caesar Side Salad</p> <p>Cheese Pizza Caesar Side Salad</p> <p>Crispy Chicken Salad</p> <p>Fruit &amp; Vegetable Bar</p>	
<p><b>23</b></p> <p>No School This Week!</p>	<p><b>24</b></p> <p>Have fun outside!</p>	<p><b>25</b></p> <p>Read a Book!</p>	<p><b>26</b></p> <p>Play a Board Game Today!</p>	<p><b>27</b></p> <p>Help your Parents in the Kitchen!</p>	
<p><b>30</b></p> <p>Beef Hotdog on Whole Grain Bun Baked Beans</p> <p>Hamburger on Whole Grain Bun Baked Beans</p> <p>Pizza Munchable Fruit &amp; Vegetable Bar</p>	<p><b>31</b></p> <p>Toasted Cheese Sandwich Homemade Tomato Soup</p> <p>Hot Ham &amp; Cheese Flatbread Homemade Tomato Soup</p> <p>Chef Salad</p> <p>Fruit &amp; Vegetable Bar</p>	<div style="text-align: center;">  </div>			 <p>Choose <b>MyPlate.gov</b></p>

**INFORMATION**

Paid Lunch	\$2.70
Reduced Lunch	\$0.40
Adult Lunch	\$4.00
Extra Milk	\$0.40

**EXTRA INFO**

Milk choice of 1% white, skim or chocolate skim is included with a lunch.

For questions or comments, contact the Food Service office at 608-877-5419.

**HARVEST OF**



**THE MONTH**

Your **MENUS** plus more information on our app  
**Taher Food4Life®**



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