



# SASD Breakfast Menu

February  
2020

Start your Day with a Great Breakfast!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>4</b> <b>Kindness Day!</b></p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>5</b></p> <p>Yogurt Parfait with Fruit &amp; Granola</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>6</b></p> <p>Mini-Cinnis</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>7</b></p> <p>Apple Cinnamon Muffin Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>10</b></p> <p>French Toast Loaf Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p><b>11</b></p> <p>Mini Pancakes</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>12</b></p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>13</b></p> <p>Brekkie Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>14</b> <b>Happy Valentines Day!</b></p> <p>Strawberry &amp; Cream Muffin Square Strawberry Yogurt Cup</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>17</b></p> <p>Cinnamon Roll</p> <p>Choice Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>18</b> <b>Hot Breakfast Day!</b></p> <p>Ham, Egg &amp; Cheese on Bagel Tator Tots</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>19</b></p> <p>Yogurt Parfait with Fruit &amp; Granola</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>20</b></p> <p>Mini Donut Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>21</b></p> <p>No School Today!</p>
<p><b>24</b></p> <p>Chocolate Muffin Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p><b>25</b></p> <p>Mini French Toast</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>26</b></p> <p>Brekkie</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>27</b></p> <p>Mini Pancakes</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>28</b></p> <p>Blueberry Loaf Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
				<p>Choose <b>MyPlate</b>.gov</p>

<b>INFORMATION</b>	Regular Elem	\$1.50
	Regular MS/HS	\$1.65
	Reduced	\$.40
	Adult	\$2.00
	Extra Milk	\$.40

**EXTRA INFO**

Milk choice of 1% white, skim or chocolate skim is included with a lunch.  
Entrée Salads are served with a roll.

For questions or comments contact the Food Service office at: 608-877-5419

**HARVEST OF THE MONTH**

**BLOOD ORANGE**  
**MUSHROOM**  
**CARAWAY**

Your **MENUS** plus more information on our app  
**TaHer Food4Life®**

www.taHer.com