

New Glarus Middle & High School BREAKFAST MENU

October
2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	This is for Food 4 Thought			1 NO SCHOOL
4 French Toast Loaf Choice of Cereal Fresh Apple 1% Milk	5 Cherry Frudel Choice of Cereal Apple Juice 1% Milk	6 Large Muffin Choice of Cereal Banana 1% Milk	7 Sausage & Cheese Bagel Choice of Cereal Orange Juice 1% Milk	8 Yogurt Cup Nutri-Grain Bar Choice of Cereal Apple Juice 1% Milk
11 Apple Frudel Choice of Cereal Banana 1% Milk	12 Strawberry Pop-Tart Choice of Cereal Apple Juice 1% Milk	13 Vanilla Frosted Long John Choice of Cereal Fresh Apple 1% Milk	14 Banana Chocolate Loaf Choice of Cereal Orange Juice 1% Milk	15 Breakfast Burrito Choice of Cereal Apple Juice 1% Milk
18 Mini-Cinnis Choice of Cereal Fresh Apple 1% Milk	19 Danish Choice of Cereal Apple Juice 1% Milk	20 Large Muffin Choice of Cereal Fresh Apple 1% Milk	21 Sausage & Cheese Bagel Choice of Cereal Orange Juice 1% Milk	22 Yogurt Cup Nutri-Grain Bar Choice of Cereal Banana 1% Milk
25 UBR Breakfast Round Cheese Stick Choice of Cereal Banana 1% Milk	26 Cinnamon Pop-Tart Choice of Cereal Apple Juice 1% Milk	27 Vanilla Frosted Long John Choice of Cereal Fresh Apple 1% Milk	28 Banana Chocolate Loaf Choice of Cereal Vegetable Selection Orange Juice 1% Milk	29 NO SCHOOL

INFORMATION

Adult \$2.15
Milk Only \$0.50

EXTRA INFO

Milk choice of 1%, Skim, or 1% Chocolate is included with all meals. For questions please contact Rebecca Derke at 608-527-2410 x4193 or email rebecca.derke@ngsd.k12.wi.us

HARVEST OF



THE MONTH

All the menu information on our app **Taher Food4Life®**



www.taher.com

Menus are subject to change without notice.