



Head Start

September
2020

Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hamburger on a Bun Golden French Fries Fresh Apple	2 BBQ Pulled Pork Sandwich Cherry Tomato Cantaloupe	3 Crispy Chicken Tenders Whole Grain Dinner Roll Baby Carrots Applesauce	4 Cheese Pizza Celery Sticks Banana
7 No School	8 Chicken and Cheese Quesadilla Romaine Lettuce Orange Halves	9 Popcorn Chicken Whole Grain Dinner Roll Mashed Potatoes Gravy Corn Honeydew	10 Corn Dog Cucumber Slices Banana	11 Pepperoni Pizza Red Peppers Fresh Apple
14	15 Pasta with Meat Sauce Rip Stick Breadstick Green Beans Kiwi	16 Toasted Cheese Sandwich Golden French Fries Cantaloupe	17 Soft Beef Tacos Garden Peas Banana	18 Crispy Chicken Nuggets Whole Grain Dinner Roll Mashed Potatoes Glazed Carrots Orange Halves
21	22 Beef Hotdog on a Bun Baked Beans Banana	23 Crispy Chicken Nuggets Whole Grain Dinner Roll Golden French Fries Broccoli Florets Honeydew	24 Italian Pasta Bake Cherry Tomato Applesauce	25 Pizza Parlor Pizza Green Beans Fresh Apple
28	29 BBQ Rib Sandwich Corn Kiwi	30 Sloppy Joe on a Bun Baked Beans Broccoli Florets Banana		 <p>Choose MyPlate.gov</p>

INFORMATION

Regular	\$2.50
Reduced	\$0.40
Adult	\$3.90
Milk	\$0.40

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim
 Is included with lunch.
 Entrée Salads are served with a Dinner Roll.
 For questions or comments, contact
 Laura.Krause@maps.k12.wi.us or 715-536-4594
 EXT 18010

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app
TaHer Food4Life®



www.taHer.com