



Marion Elementary Schools Lunch Menu

August
2022

Fruit and Vegetables offered with each meal.
1% chocolate and white milk offered with each meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Crispy Chicken Sandwich</p> <p>Tater Tots Cucumber Slices</p> <p>Ham and Cheese Flatbread Munchable Fresh Fruit Bar</p>	<p>2</p> <p>Soft Tacos w/ Chicken With Lettuce, tomatoes, cheese</p> <p>Baby Carrots Mexican Corn</p> <p>Crispy Chicken wrap</p> <p>Pineapple Tidbits 1% Milk</p>	<p>3</p> <p>Macaroni & Cheese Green Beans Caesar Side Salad Whole Grain Dinner Roll</p> <p>Turkey Munchable</p> <p>Applesauce 1% Milk</p>	<p>4</p> <p>BBQ Pulled Pork Sandwich Baked Beans Coleslaw</p> <p>Chef Salad Whole Grain Dinner Roll</p> <p>Pineapple Tidbits 1% Milk</p>	<p>5</p> <p>Cheese Pizza Steamed Corn Side Salad w/ Ranch</p> <p>Ham Munchable</p> <p>Canned Fruit 1% Milk</p>
<p>8</p> <p>Chicken Tenders Golden French Fries Broccoli Florets Whole Grain Dinner Roll</p> <p>Crispy Chicken Wrap</p> <p>Oranges 1% Milk</p>	<p>9</p> <p>Salisbury Steak Mashed Potatoes Corn on the Cob Whole Grain Dinner Roll</p> <p>Deli Sub Sandwiches</p> <p>Canned Fruit 1% Milk</p>	<p>10</p> <p>Italian Pasta Bake Red Peppers Roasted Broccoli Whole Grain Dinner Roll</p> <p>Turkey and Cheese Wrap</p> <p>Canned Fruit 1% Milk</p>	<p>11</p> <p>Beefy Nachos w/Homemade Cheese Sauce Black Beans Cherry Tomato</p> <p>Chef Salad</p> <p>Pears 1% Milk</p>	<p>12</p> <p>Cheeseburger on a Bun</p> <p>Tater Tots Baby Carrots</p> <p>Soft Beef Tacos Oranges 1% Milk</p>
<p>15</p> <p>Mini Corn Dogs Peas & Carrots Celery Sticks</p> <p>Yogurt Pak with Pretzel Bites</p> <p>Canned Fruit 1% Milk</p>	<p>16</p> <p>BBQ baked Chicken Legs Whole Grain Dinner Roll</p> <p>Roasted Cauliflower Broccoli Florets</p> <p>Crispy Chicken Wrap Canned Fruit Bar 1% Milk</p>	<p>17</p> <p>Spaghetti with meat sauce Side Salad w/ Ranch Steamed Corn Whole Grain Dinner Roll</p> <p>Pizza Munchable</p> <p>Canned Fruit 1% Milk</p>	<p>18</p> <p>Soft Tacos w/ Beef With Lettuce, tomatoes, cheese</p> <p>Pinto Beans Red Peppers</p> <p>Pretzel Bites Yogurt Pak Munchable</p> <p>Pineapple Tidbits 1% Milk</p>	<p>19</p> <p>Pepperoni Pizza Golden French Fries Cucumber Slices</p> <p>Turkey BLT Salad</p> <p>Canned Fruit 1% Milk</p>
<p>22</p> <p>Beef Hotdog on a Bun Mexican Corn Mexican Brown Rice</p> <p>Beef Taco Salad Canned Fruit Bar 1% Milk</p>	<p>23</p> <p>Crispy Chicken Tenders Green Beans Steamed Carrots</p> <p>Crispy Chicken Salad Whole Grain Dinner Roll Yogurt Pak with Pretzel Bites</p> <p>Apple Slices 1% Milk</p>	<p>24</p> <p>Popcorn Chicken Whole Grain Dinner Roll Mashed Potatoes Steamed Corn</p> <p>Turkey BLT Wrap Whole Grain Dinner Roll Canned Fruit Bar 1% Milk</p>	<p>25</p> <p>Crispy Chicken Sandwich</p> <p>Mixed Vegetables Steamed Carrots</p> <p>Ham and Cheese Flatbread Munchable Fresh Fruit Bar 1% Milk</p>	<p>26</p> <p>Meatballs and Gravy Corn on the cob Mashed Potatoes Whole Grain Dinner Roll</p> <p>Chicken Caesar Salad Whole Grain Dinner Roll</p> <p>Peaches 1% Milk</p>
<p>29</p> <p>Beefy Nachos w/Homemade Cheese Sauce Corn & Black Bean Salsa Brown Rice</p> <p>Crispy Chicken Salad</p> <p>Fresh Fruit 1% Milk</p>	<p>30</p> <p>Chicken Alfredo w/Pasta Steamed Peas Caesar Side Salad</p> <p>Ham and Cheese on Bagel</p> <p>Canned Fruit 1% Milk</p>	<p>31</p> <p>BBQ Pork Riblets on Bun</p> <p>Golden French Fries Cherry Tomato</p> <p>Ham and Cheese Sandwich Canned Fruit Bar 1% Milk</p>		

PRICES

Lunch	FREE
Adult Lunch	\$4.40
Extra Milk	\$0.50

EXTRA INFO

Milk choice of 1% white or chocolate is included with a meal.
For more information or questions contact Gary Lester, Food Service Director at glester@msd3.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHER Food4Life®



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