



Marion Elementary Schools Breakfast Menu

January
2022

Fruit and Vegetables offered with each meal.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>WINTER BREAK HELP WITH THE CHORES</p>	<p>4</p> <p>Yogurt Cup Graham Crackers</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>5</p> <p>Egg and Cheese breakfast sandwich</p> <p>Orange Juice</p> <p>1% Milk</p>	<p>6</p> <p>Cinnamon Pop-Tart</p> <p>Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>7</p> <p>Granola Bar Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>
<p>10</p> <p>Cinnamon Pop-Tart</p> <p>Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>11</p> <p>Sausage and Egg Sandwich</p> <p>Orange Juice</p> <p>1% Milk</p>	<p>12</p> <p>French Toast Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>13</p> <p>Strawberry Banana Yogurt Graham Crackers</p> <p>Fresh Mixed Fruit</p> <p>1% Milk</p>	<p>14</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fruit</p> <p>1% Milk</p>
<p>17</p> <p>Martin Luther King Jr. Holiday HAVE FUN</p>	<p>18</p> <p>Bacon and Egg Biscuit Syrup</p> <p>Orange Juice</p> <p>1% Milk</p>	<p>19</p> <p>Yogurt cup Graham Crackers</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>20</p> <p>Cinnamon Pop-Tart</p> <p>Cheese Stick</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>21</p> <p>Mini Eggo Waffles</p> <p>Apple Juice</p> <p>1% Milk</p>
<p>24</p> <p>Egg & Cheese Breakfast Sandwich</p> <p>Orange Juice</p> <p>1% Milk</p>	<p>25</p> <p>Cinnamon Roll</p> <p>Canned Fruit</p> <p>1% Milk</p>	<p>26</p> <p>Southern Chicken Biscuit</p> <p>Apple Juice</p> <p>1% Milk</p>	<p>27</p> <p>Choice of Cereal Graham Crackers</p> <p>Apple Juice</p> <p>1% Milk</p>	<p>28</p> <p>Yogurt Cup Graham Crackers</p> <p>Fruit</p> <p>1% Milk</p>
<p>31</p> <p>Blueberry Loaf Cheese Stick</p> <p>Fruit</p> <p>1% Milk</p>				

PRICES

Breakfast	FREE
Adult Breakfast	\$2.50
Extra Milk	\$0.50

EXTRA INFO

Milk choice of 1% white or chocolate is included with a meal.
For more information or questions contact Gary Lester, Food Service Director at g Lester@msd3.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHER Food4Life®



www.taHER.com