



Marion High School/Junior High Breakfast Menu

October
2021

Eat fruit and vegetables daily!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 NO SCHOOL TODAY
4 NO SCHOOL TODAY	5 NO SCHOOL TODAY	6 NO SCHOOL TODAY	7 NO SCHOOL TODAY	8 NO SCHOOL TODAY
11 Mini Pancakes Syrup French Toast Loaf Fruit 1% Milk	12 Breakfast Pizza Pop Tart Cheese Stick Canned Fruit 1% Milk	13 Sausage Egg Biscuit Pop Tart Cheese Stick Apple Juice 1% Milk	14 French Toast Loaf Cheese Stick Fruit 1% Milk	15 Bacon, Egg & Cheese on English Muffin Choice of Cereal Graham Crackers Canned Fruit 1% Milk
18 Breakfast Pizza Pop Tart Cheese Stick Canned Fruit 1% Milk	19 Mini Eggo Waffles Cheese Stick Graham Crackers Orange Juice 1% Milk	20 Sausage & Egg Biscuit Cinnamon Cream Cheese Filled Bagel Apple Juice 1% Milk	21 French Toast Sticks Cinnamon Pop-Tart Cheese Stick Fruit 1% Milk	22 Egg & Cheese Breakfast Sandwich Cinnamon Cream Cheese Filled Bagel Canned Fruit
25 Pancake on a Stick Golden Grahams Cereal Bar Fresh Mixed Fruit 1% Milk	26 Cheesy Ham Melt French Toast Loaf Cheese Stick Apple Juice 1% Milk	27 Sausage & Egg on English Muffin Cinnamon Pop-Tart Cheese Stick Canned Fruit 1% Milk	28 Bacon, Egg & Cheese Sandwich Choice of Cereal Graham Crackers Orange Juice 1% Milk	29 Mini Eggo Waffles Cheese Stick Graham Crackers Orange Juice 1% Milk

PRICES	Breakfast	FREE
	Adult Breakfast	\$2.50
	Extra Milk	\$0.50

EXTRA INFO

Milk choice of 1% white or chocolate is included with a meal.
For more information or questions contact Gary Lester at gletcher@msd3.org



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