

Marion Jr. High/High School Breakfast Menu

August
2021

Eat fruit and vegetables daily!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Pizza Cinnamon Roll Fruit 1% Milk	3 Sausage Breakfast Biscuit Choice of Cereal Graham Crackers Apple Juice 1% Milk	4 Breakfast Burrito Salsa Cinnamon Cream Cheese Filled Bagel Fruit 1% Milk	5 Fiesta Egg & Cheese Sandwich Strawberry Yogurt Graham Crackers Orange Juice 1% Milk	6 Hot Ham & Cheese Bagel Granola Bar Cheese Stick Fruit 1% Milk
9 Pancake on a Stick Yogurt Cup Graham Crackers Fruit 1% Milk	10 Cheesy Ham Melt Sausage Cheese Biscuit Pop Tart Cheese Stick Apple Juice 1% Milk	11 Sausage & Egg on a Biscuit Blueberry Loaf Cheese Stick Fruit 1% Milk	12 Bacon, Egg & Cheese on English Muffin Choice of Cereal Graham Crackers Orange Juice 1% Milk	13 Breakfast Pizza Pop Tart Cheese Stick Canned Fruit 1% Milk
16 Bacon, Egg & Cheese on Biscuit Cheese Stick Graham Crackers Orange Juice 1% Milk	17 Sausage & Egg Biscuit Grape Croissant Apple Juice 1% Milk	18 French Toast Sticks Banana Chocolate Loaf Cheese Stick Fruit 1% Milk	19 Breakfast Burrito Salsa Cinnamon Cream Cheese Filled Bagel Orange Juice 1% Milk	20 Bacon, Egg & Cheese on Biscuit Golden Grahams Cereal Bar Cheese Stick Canned Fruit 1% Milk
23 Pancake on a Stick Brekkie Fresh Fruit 1% Milk	24 Cheesy Ham Melt Banana Chocolate Loaf Cheese Stick Apple Juice 1% Milk	25 Sausage & Egg on English Muffin Cinnamon Pop-Tart Cheese Stick Canned Fruit 1% Milk	26 Fiesta Egg & Cheese Sandwich Choice of Cereal Graham Crackers Orange Juice 1% Milk	27 Breakfast Pizza Yogurt Cup Graham Crackers Fresh Fruit 1% Milk
30 Breakfast Pizza Cinnamon Pop-Tart Cheese Stick Canned Fruit 1% Milk	31 Pancake on a Stick Strawberry Banana Yogurt Graham Crackers Canned Fruit 1% Milk	1		

INFORMATION

Breakfast
Adult Breakfast
Extra Milk

FREE
\$2.30
\$0.50

EXTRA INFO

Entree Salads are served with a WG Roll(s).
Milk choice of 1% white or chocolate is
included with a meal.
For more information or questions contact Gary
Lester at
glester@msd3.org

HARVEST OF



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THE MONTH

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information on our app
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