

# Marion High School Lunch Menu

August  
2021

Eat fruit and vegetables daily!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>Beef Hotdog on a Bun Golden French Fries Soft Beef Tacos Refried Beans Chicken Caesar Salad Whole Grain Dinner Roll Hot Ham &amp; Cheese or Vegetable Golden French Fries</p>	<p><b>3</b></p> <p>Cheese or Sausage Cowboy BBQ Burger Golden French Fries Wing Bar Potato Wedges Collard Greens Whole Grain Dinner Roll Smoked Turkey Wrap Italian Turkey or Vegetable</p>	<p><b>4</b></p> <p>Cheese or Hawaiian Spicy Chicken Patty on Bun Golden French Fries French Toast Syrup Breakfast Potatoes Ole Chef Salad Whole Grain Dinner Roll Chicken with Pesto or Vegetable</p>	<p><b>5</b></p> <p>Cheese or Chicken Alfredo Cubano on Ciabatta Mojo Fries Coleslaw Pasta Bar Design Your Own Garlic Breadstick Italian Wrap Sandwich BBQ Brisket or Vegetable</p>	<p><b>6</b></p> <p>Cheese or Pepperoni Hamburger on a Bun lettuce, tomato, onion, pickle Golden French Fries Popcorn Chicken Bowl Mashed Potatoes, Gravy, Corn &amp; Biscuit Beef Taco Salad with Tortilla Chips Chicken BLT Ranch or</p>
<p><b>9</b></p> <p>Cheese or Sausage Crispy Chicken Sandwich lettuce, tomato, onion, pickle Golden French Fries Beefy Nachos w/Homemade Cheese Sauce lettuce, tomato and cheese Spicy Pinto Beans Turkey BLT Salad Whole Grain Dinner Roll</p>	<p><b>10</b></p> <p>Cheese or Chicken Bacon Ranch Chicken &amp; Cheese Quesadilla Golden French Fries Italian Pasta Bake Garlic Toast Cobb Salad Whole Grain Dinner Roll Italian Turkey or Vegetable</p>	<p><b>11</b></p> <p>Cheese or Buffalo Chicken Jamaican Jerk Chicken Sandwich Sweet Potato Fries Asian Crispy Chicken &amp; Rice Bowl Fortune Cookie Italian Wrap Sandwich Grilled Chicken or Vegetable</p>	<p><b>12</b></p> <p>Cheese or BBQ Chicken Hamburger on a Bun lettuce, tomato, onion, pickle Golden French Fries Southern Chicken Biscuit Pepper Gravy Scrambled Eggs Chicken Caesar Salad Whole Grain Dinner Roll Grilled BBQ Brisket or</p>	<p><b>13</b></p> <p>Cheese or Pepperoni Pizza PATRIOT GRILL Fresh Grilled Hamburgers lettuce, tomato, onion, pickle Golden French Fries Lasagna Green Beans Mixed Fruit Marinated Pasta Salad Potato Chips</p>
<p><b>16</b></p> <p>Cheese or Meatlovers Pizza Burger Melt Golden French Fries Baked Potato Bar Lotsa Toppings Buffalo Chicken Salad Whole Grain Dinner Roll Hot Ham &amp; Cheese or Vegetable Golden French Fries</p>	<p><b>17</b></p> <p>Cheese or Sausage Currywurst with German Potato Salad or Potato Wedges Chicken Strip Basket with Roll Coleslaw Potato Wedges Garden Salad Whole Grain Dinner Roll Italian Turkey or</p>	<p><b>18</b></p> <p>Cheese or Hawaiian Cheeseburger on Bun lettuce, tomato, onion, pickle Golden French Fries Santa Fe Rice Bowl with Cheese Sauce Black Beans Roasted Corn South American Wrap Grilled Chicken or</p>	<p><b>19</b></p> <p>Cheese or Cheeseburger Pork Tenderloin Sandwich Potato Wedges Cheese Ravioli with Red Sauce  Bread Stick Cravin Craisin Salad Whole Grain Dinner Roll BBQ Beef Brisket or Vegetable</p>	<p><b>20</b></p> <p>Cheese or Chicken Alfredo Spicy Chicken Patty on Bun lettuce, tomato, onion, pickle Golden French Fries Creamy Chicken Enchilada Roasted Corn Fruited Spinach Salad Whole Grain Dinner Roll Chicken BLT Ranch or Vegetable</p>
<p><b>23</b></p> <p>Cheese or Pepperoni Hamburger on a Bun lettuce, tomato, onion, pickle Golden French Fries BBQ Chicken Drumstick Au Gratin Potatoes Cornbread Chef Salad Whole Grain Dinner Roll Hot Ham &amp; Cheese or</p>	<p><b>24</b></p> <p>Cheese or Sausage Honeymustard Chicken sandwich Golden French Fries Pasta Bar Garlic Breadstick Turkey Cranberry Wrap Italian Turkey or Vegetable Golden French Fries</p>	<p><b>25</b></p> <p>Cheese or Hawaiian BBQ Pulled Pork Sandwich Golden French Fries Cheese Quesadilla Refried Beans Pico De Gallo Cobb Salad Whole Grain Dinner Roll Grilled Chicken or Vegetable</p>	<p><b>26</b></p> <p>Cheese or BBQ Chicken Crispy Chicken Sandwich lettuce, tomato, onion, pickle Golden French Fries Chicken Alfredo, Parmesan Pasta Garlic Toast Chef Salad Whole Grain Dinner Roll BBQ Beef Brisket</p>	<p><b>27</b></p> <p>Cheese or Pepperoni Pizza Bacon Hamburger on Bun Tater Tots Beef Stroganoff Marinated Vegetable Pasta Salad Crispy Chicken Wrap  Hot Ham &amp; Cheese Panini Vegetable</p>
<p><b>30</b></p> <p>BBQ Chicken Pizza Crispy Chicken Tenders Golden French Fries  BBQ Pulled Pork on Pretzel Bun Steamed Broccoli  Caesar Salad Garlic Breadstick</p>	<p><b>31</b></p> <p>Cheese or Sausage Pizza  BBQ Chicken Legs Peas &amp; Carrots Roasted Corn  Bacon Hamburger on bun Golden French Fries  Buffalo Chicken Wrap</p>	<p><b>1</b></p>		

**PRICES**

Breakfast	FREE
Adult Breakfast	\$2.30
Extra Milk	\$0.50

**EXTRA INFO**

Entree Salads are served with a WG Roll(s).  
Milk choice of 1% white or chocolate is included with a meal.  
For more information or questions contact Gary Lester at  
glester@msd3.org



Choose **MyPlate**.gov

Your Menus plus more information on our app  
**Taher Food4Life®**



www.taher.com